



2012 Meal Menus

Catered by

BIG DELICIOUS PLANET™

BREAKFAST SELECTIONS

Each menu selection requires a minimum of ten (10) orders

Continental Breakfast \$18.00 pp

Assortment of Hot and Cold Cereals, Yogurt, Hard Boiled Eggs, Artisan Cheeses, Freshly Baked Sweet Breads and Pastries, Coffee Cakes and Bagels accompanied by Cream Cheese, Sweet Butter, Fruit Preserves, Fresh Fruit, Orange Juice, Milk, Coffee and Tea



Hot Breakfast \$19.75 pp

Accompanied by fresh fruit platter

Select One:

- Scrambled Eggs with Cheddar Cheese
- Deep Dish Vegetarian Quiche
- Egg & Cheese Burritos *w/salsa and sour cream*
- Egg & Cheese Croissants
- Egg, Spinach & Parmesan Panini
- Breakfast Enchiladas *w/cheese and salsa*
- Egg & Cheese English Muffins
- Texican Egg Casserole *cheese, tortillas & ranchero sauce*
- Vegetarian Egg Strata

Select One:

- Fresh Baked Cinnamon Rolls
- Crepes *on fruit compote*
- Ooey Goopy Coffee Cake
- Pancakes (*banana nut, blueberry, pumpkin, choc. chip*)
- Yummy Breakfast Bread Pudding
- French toast
- Oatmeal Bar *brown sugar, nuts, dried fruit, cinnamon*
- Belgian Waffle Bar *seasonal fruits, nuts whipped cream, choc. chips*

Select One:

- Crispy Bacon
- Pork Sausage Links
- Turkey Sausage Patties
- Maple Chicken Sausage
- Canadian bacon
- Vegetarian Sausage

Select One:

- Potatoes O'Brien *diced potatoes, onions, peppers*
- Potato Hash *mix of potatoes, peppers, onions & herbs*
- Roasted Breakfast Potatoes *seasoned diced potatoes*
- Cheese Grits *with diced green chilis & cheddar*
- Potato Pancakes *with apple sauce & sour cream*

Add-Ons to Hot Breakfast:

Vanilla Yogurt & Granola Parfaits \$3.45 pp (min. 8 per order)

Pastry Basket \$2.45 pp

9" Ham, Asparagus & Goat Cheese Quiche \$22.50

9" Arugula, Parmesan & Tomato Quiche \$22.50

Egg & Cheese Muffin, Croissant or Burrito \$4.75 each (min. 10 per order)

Oatmeal Bar \$4.25 pp (min. 10 per order)

BUFFET SELECTIONS

Please note: There is a \$5.50 per person up charge for lunch ordered as dinner

Beef Tenderloin Balsamico
Vegetable Rotolo *pasta rolled with ricotta & veggies*
Porcini Risotto
Veggie del Giorno
Choice of Caesar Salad or Insalata Mista
Basket of Italian Breads
Big Delicious Desserts
\$24.50 pp

Tender Slow Roasted Rum Pork Shoulder
Chicken Empanadas
Grilled Sweet Plantains
Black Beans Cubano
Chopped Salad
Bread Basket
Big Delicious Desserts
\$24.00 pp

Grilled Chicken Kebabs *with peppers & onions*
Vegetarian Moussaka *layers of eggplant, zucchini, potatoes with tomatoes & creamy béchamel sauce*
Almond Rice Pilaf
Seasonal Vegetable
Greek Peasant Salad on Greens
Pita Basket with Tzatziki
Big Delicious Desserts
\$23.50 pp

Pork Milanese
Zucchini Ribbon Wrapped Tofu *with Roasted Red Pepper Sauce (Vegan)*
Cheese Filled Tricolor Tortellini
Vegetable del Giorno
Choice of Caesar Salad or Insalata Mista
Basket of Italian Breads
Big Delicious Desserts
\$23.75 pp



Fallin' off the Bone BBQ Ribs
Smoky Mountains BBQ Chicken
BDP's Highly Addictive Mac & Cheese
Seasonal Vegetable
Seasonal Garden Salad
Bread Basket
Big Delicious Desserts
\$24.25 pp

Panang Curry Chicken
Crispy Coconut Shrimp *with peanut sauce*
Jasmine Rice
Stir Fried Broccoli
Asian Salad
Ginger Rangoon
Big Delicious Desserts
\$25.00 pp

Chicken Breast *with Capers & Olives*
Saffron Tilapia
Quinoa *with Garbanzo Beans & Herbs*
Spinach Salad *with Grapefruit & Avocado*
Bread Basket
Big Delicious Desserts
\$24.00 pp

Grilled Skirt Steak *with tropical salsa*
Jerk Chicken
Yellow Rice
Black Beans
Chopped Salad
Bread Basket
Big Delicious Desserts
\$24.00 pp

Indian Spiced Chicken *with cilantro & lime*
Curried Vegetables
Aromatic Basmati Rice
Saag Spinach *with yogurt and spices*
Raita & Chutney
Basket of Indian Naan and Papadums
Seasonal Garden Salad
Big Delicious Desserts
\$23.50 pp

Creole Chicken *spicy chicken with tomatoes, peppers*
Blackened Catch of the Day
Corn Pancakes *with red pepper sauce*
Seasonal Vegetable
Seasonal Garden Salad
Basket of Bread
Big Delicious Desserts
\$24.00 pp

Mambo Pineapple Salsa on Roasted Pork Loin
Lime-Cilantro Mahi Baked in Banana Leaves
Awesome Chipotle Mashed Potatoes
Grilled Seasonal Vegetable Platter
Guacamole
Chipotle Salsa & Chips
Seasonal Garden Salad
Bread Basket
Big Delicious Desserts
\$24.00 pp

Mushroom Stuffed Chicken Breast
 Macadamia Nut Crusted Mahi *with onion
 & currant chutney*
 Scalloped Potatoes
 Seasonal Vegetable
 Seasonal Garden Salad
 Bread Basket
 Big Delicious Desserts
\$24.50 pp

Bangkok Chicken Satay
 Vegetarian Pad Thai with Tofu (Vegan)
 Thai Beef Tacos *with Lime Cilantro Slaw*
 Vegetarian Pot stickers
 Asian Salad
 Big Delicious Desserts
\$23.25 pp

Chicken or Beef Chimichangas
 Chile Rellenos *filled with corn, veggies
 & jack cheese*
 Mexican Rice
 Refried Black Beans
 Seasonal Garden Salad
 Big Delicious Desserts
\$23.50 pp

Blackened NY Strip Steak
 Cornmeal Crusted Catfish *with
 remoulade*
 Hoppin' John *rice layered w/ black-eyed
 peas, tomato, cheese*
 Corn Pudding
 Seasonal Garden Salad
 Basket of Bread
 Big Delicious Desserts
\$24.50 pp

Roasted Pork Loin
 Spinach & Leek Crepes
 Mashed Potatoes
 Veggie du Jour
 Seasonal French Salad
 Basket of French Bread
 Big Delicious Desserts
\$24.50 pp



5 Spice Short Ribs
 Soy-Ginger Glazed Salmon
 Coconut-Saffron Rice
 Honey Glazed Baby Carrots
 Pan Seared Veggie Pot Stickers
 Asian Salad
 Big Delicious Desserts
\$25.50 pp

Chicken Jambalaya *rice with chicken &
 chicken andouille*
 Pecan Crusted Pork Cutlets
 Mashed Potatoes
 Seasonal Vegetable
 Seasonal Garden Salad
 Basket of Bread
 Big Delicious Desserts
\$24.25 pp

Chicken Cordon Bleu or Chicken
 Florentine
 Crab Crepes *with roasted tomato pepper
 sauce*
 Long Grain & Wild Rice
 Vegetable du Jour
 Seasonal French Salad
 Basket of French Bread
 Big Delicious Desserts
\$24.50 pp

Cilantro Grilled Chicken Breast *with
 Mango Salsa*
 Sautéed Shrimp *with garlic, curry &
 ginger*
 Sesame Noodle Salad
 Edamame, Green Bean & Tofu Salad
 Vegetarian Spring Rolls
 Mesclun Salad *with oranges & toasted
 almonds*
 Big Delicious Desserts
\$23.25 pp

Maryland Crab Cakes *with remoulade*
 Roasted Chicken *with artichoke-dill
 sauce*
 Pecan Rice Pilaf
 Seasonal Vegetable
 Seasonal Garden Salad
 Bread Basket
 Big Delicious Desserts
\$24.50 pp

Lemon Pepper Chicken
 Crispy Pan Fried Pork Chops
 Mashed Potatoes
 Green Beans
 Chopped Salad with Bleu cheese & tomato
 Bread Basket
 Big Delicious Desserts
\$24.00 pp



Provençal Beef Tips with Shallots & Mushrooms
 Artichoke Ravioli with Roasted Red Pepper Sauce
 Mashed Potatoes
 Vegetable du Jour
 Seasonal French Salad
 Basket of French Bread
 Big Delicious Desserts
\$24.00 pp

Grilled Lime-Cilantro Chicken
 Tilapia Veracruzana sliced olives, tomatoes, capers, jalapenos
 Yellow Rice
 Seasoned Black Beans
 Guacamole
 Chipotle Salsa & Chips
 Seasonal Garden Salad
 Big Delicious Desserts
\$23.75 pp

Pulled Pork Flautas
 Veggie Tamales
 Cilantro Rice
 Seasoned Pinto Beans
 Chips, Salsa, Guacamole
 Garden Salad
 Big Delicious Desserts
\$23.50 pp

Rosemary Roasted Chicken
 Grilled Fish with Caponata with Eggplant, Capers, and Tomatoes
 Mashed Potatoes
 Veggie del Giorno
 Choice of Caesar Salad or Insalata Mista
 Basket of Italian Breads
 Big Delicious Desserts
\$23.50 pp



Veggie Polenta Lasagna (Vegan)
 Shrimp & Broccoli with garlic sauce
 Linguine with olive oil & garlic
 Vegetable del Giorno
 Choice of Caesar Salad or Insalata Mista
 Basket of Italian Breads
 Big Delicious Desserts
\$24.50 pp

Beef Kebab with onions, peppers & tomatoes
 Spanikopita
 Rice Pilaf
 Grecian Greek Beans & Tomato Sauce
 Chopped Mediterranean Salad
 Pita & Tzatziki
 Big Delicious Desserts
\$23.50 pp



Pork or Chicken Marsala *mushroom-marsala wine sauce*
 Eggplant Siciliana *eggplant rolled with ricotta & marinara*
 Fettucine with Carmelized Onions, Spinach & Pine Nuts
 Vegetable del Giorno
 Choice of Caesar Salad or Insalata Mista
 Basket of Italian Bread
 Big Delicious Desserts
\$23.00 pp

Grilled Chicken with Harissa
 Sweet Potato-Garbanzo & Fresh Spinach Tajine
 Tomato Herb Cous Cous
 Grilled Vegetables
 Mediterranean Salad
 Pita & Hummus
 Big Delicious Desserts
\$23.50 pp

Sweet & Sour Chicken Kebabs
 Lemongrass-Pineapple Mahi
 Cilantro Jasmine Rice
 Sesame Long Beans
 Asian Salad
 Ginger Rangoon
 Big Delicious Desserts
\$24.25 pp

Chicken or Eggplant Parmigiana
 Homemade Meatballs in Marinara
 Spaghetti *with olive oil*
 Vegetable del Giorno
 Choice of Caesar Salad or Insalata Mista
 Basket of Italian Breads
 Big Delicious Desserts
\$23.50 pp



Chicken Vindaloo *potatoes and spicy tomato gravy*
 Basmati Rice
 Chana Masala *chickpeas*
 Baingan Bharta *eggplant*
 Naan, Papadums, Chutney
 Garden Salad
 Big Delicious Desserts
\$23.50 pp



Awesome Additions

Chipotle-Corn Chowder (vegan) \$3.00 pp
 Mushroom-Sherry Soup (vegan) \$3.00 pp
 Chicken Tortilla Soup \$3.00 pp
 Carrot-White Bean Soup \$3.00 pp
 Potato & Leek Soup \$3.00 pp
 Sweet Potato-Poblano Soup (vegan) \$3.00 pp
 Tomato & Basil Soup \$3.00 pp
 Split Pea Soup \$3.00 pp
 Chicken Noodle Soup \$3.00 pp
 Minestrone (vegan) \$3.00 pp
 Fruit Salad \$3.00 pp



MIX & MATCH BUFFET PICKS FROM THE RANCH HANDS

\$19.50 pp

Accompanied by Big Delicious Planet Cookies

Please note: *There is a \$5.50 per person up charge for lunch ordered as dinner*

Additional Entrée \$5.45 pp

Additional Side \$3.00 pp

Fruit Salad \$3.00 pp

Meredith's

Grilled Tomato Pesto Chicken Breast
on French Bread
Vegan Wrap *hummus, portabello
mushrooms, roasted peppers and sundried
tomato pesto*
Hippie Salad *tomato, carrot, sprouts,
garbanzo, sunflower seeds*
Butternut Squash Soup **OR** Farfalle
Spinach Salad

Taree's

Tarragon Chicken Salad on Brioche
Italian Subs
Chopped Italian Salad
White Bean & Carrot Soup **OR**
Tricolor Rotini Salad

Amanda's

Chicken Calzone **OR** Beef Chili
Veggie Panini
Caesar Salad
Green Bean & Roasted Red Pepper
Salad

Cameron's

English Pub Fish
Gourmet Grilled Cheese
Farmer's Salad *beets, goat cheese, walnuts
& chives*
Split Pea Soup **OR** Asparagus Tomato
Salad

Danny's

Grilled Ham & Swiss Sandwich with
carmelized onions & Dijon
Sliced Flank Steak on French Bread with
herbed boursin and arugala
Seasonal Garden Salad
Vegan Minestrone **OR** Almond-Curry
Rice Salad

Nate's

Bridgeport Corned Beef *corned beef,
swiss cheese & dijon on pumpernickel*
Grilled Turkey, Brie & Cranberry
Chutney
Farmer's Salad *beets, goat cheese,
walnuts & chives*
Winter Root Vegetable Soup **OR** Red
Bliss Potato Salad

Gabby's

BBQ Bone In Chicken
Salad Bar *assorted items including grilled
chicken*
Wild Rice & Orzo Salad
Asparagus-Tomato Salad

Dustin's

Shrimp Po' Boys *Cajun shrimp, chipotle
mayo*
Cajun Chicken Wraps
Hoppin John *seasoned rice, black eyed
peas, cheese*
Corn Chowder **OR** Spinach Salad
mushrooms, tomatoes, pecans

Jason's

Sloppy Joes with Buns
Salad Bar *assorted items including grilled
chicken*
Homemade Macaroni & Cheese
Green Bean & Roasted Red Pepper
Salad



MORE MIX & MATCH BUFFETS ...

Krissy's

Greek Lemon Chicken Breast with pita and tzatziki sauce
 Falafel with pita and lemon tahini sauce
 Greek Peasant Salad on greens
 Vegetarian Lentil Soup **OR** Confetti Cous Cous Salad

Michael's

Georgia BBQ Pulled Pork Sandwiches
 BBQ Bone in Chicken
 Macaroni & Cheese
 Sweet Potato-Poblano Soup **OR** Tricolor Slaw

Amber's

Roast Beef & Horseradish on Sourdough
 Ham & Havarti on Pretzel Bread
 Arugula-Endive Salad with apples, Bleu cheese & walnuts
 Potato & Leek Soup **OR** Kettle Chips

Erica's

Turkey Bacon & Avocado Club Sandwich
 Grilled Veggie & Goat Cheese Sandwich
 Hippie Salad tomato, carrot, sprouts, garbanzo, sunflower seeds
 Mushroom- Sherry Soup **OR** Pesto Penne Salad

Aaron's

Vegetarian Panini
 Italian Meat Panini
 Penne Pasta Primavera
 Tomato Basil Soup **OR** Chopped Italian Salad

Matt's

Athenian Gyros
 Tomato Basil Mozzarella Sandwiches
OR Spanikopita
 Wild Rice & Orzo Salad **OR** Confetti Cous Cous
 Lentil Soup **OR** Greek Peasant Salad on Greens

Kegan's

BBQ Beef Brisket Sandwiches
 Spinach Quesadillas with salsa & sour cream
 Veggie Chili w/cheddar & sour cream
 SW Corn & Jicama Salad **OR** Seasonal Garden Salad

Devin's

Gourmet Grilled Cheese
 Salad Bar assorted items including grilled chicken
 Pesto Pasta Salad with pinenuts
 Creamy Tomato Soup **OR** Asparagus-Tomato Salad

Kris's

Italian Beef **OR** Italian Sausage Sandwiches
 Tomato, Basil & Mozzarella Sandwiches
 Caesar Salad **OR** Chopped Italian Salad
 Minestrone Soup **OR** Green Bean Salad

PLATED SANDWICHES \$17.00 pp

Please note: There is a \$5.50 per person up charge for lunch ordered as dinner



One generous sandwich per person cut in half and arranged on platters. Everyone gets a BDP cookie. For 10-14 people choose up to 2 sandwiches, 15 or more people choose up to 3 sandwiches. Please include one choice of BDP garden salad, pasta salad or kettle chips as a side dish for all to share. There is a \$.50 up charge per person for eco-friendly boxed lunches to go.

Sandwich Choices: *

Platter of Pesto Chicken Sandwiches
Platter of Italian Subs
Platter of Ham & Brie on Pretzel Bread
Platter of Tarragon Chicken Salad Croissants
Platter of Turkey Wraps with Avocado & Chipotle Mayo
Platter of Cajun Chicken Wraps
Platter of Roast Beef & Horseradish Sandwiches on Sourdough Bread
Platter of Tomato, Basil & Mozzarella Sandwiches (vegetarian)
Platter of Greek Salad on Spinach Wraps (vegetarian)
Platter of Curried Tuna Salad Croissants
Hummus, Portabello Mushrooms, Roasted Peppers and Sundried Tomato Pesto on Ciabatta Bread (vegan)
Bacon, Lettuce and Tomato with Chipotle Mayo on Whole Wheat

***Any sandwich can be made on gluten-free wraps**

ADDITIONAL DESSERTS

Birthday or Special Cakes

Sheet Cakes

Full Sheet Cake Double Layer 18x12
Serves Approx. 50-70
\$82.50

Half Sheet Cake Double Layer 18x6
Serves Approx. 35-50
\$49.50

Round Cakes

Double Layer 9" Serves Approx. 10-14
\$33.00

Triple Layer 9" Serves Approx. 14-20
\$44.00

Double Layer 12" Serves Approx. 18-28
\$55.00

Triple Layer 12" Serves Approx. 25-35
\$66.00

Cakes: Chocolate, Yellow, White, Red Velvet, Carrot
Icings: Butter cream, Chocolate, Cream Cheese



Other Desserts

Jumbo Chocolate Chip Pecan Cookies \$34.00/dozen

Platter of mini bars & cookies \$44.00/2 dozen

Cupcakes \$36.00/dozen

Jumbo Chocolate Walnut Brownies \$36.00/dozen

Chocolate Dipped Strawberries \$2.75 each (minimum 18)

Dessert Buffet

Assorted tray of mini cookies, tarts, brownies and fresh fruit \$10.00 pp