

Catalyst Ranch MEETING BUNDLE:

Meeting Planners, we've got you covered with our turn-key Meeting Bundle:

With built-in meals and ready-to-go activities, we save you from coordinating endless details. It's everything a successful meeting needs, with easy, flat-rate pricing!

Transformational Leadership Retreats



With all the changes over the past year, it may be time for some new thinking and new conversations with your team. What worked well a year or two ago may not be working as well going forward. And, some things may not have been working for some time. It may be time to make some fundamental changes.

How do you begin? This depends on your goals – are you seeking to transform the status quo? How's the quality of the relationships among team members? Are candid, respectful conversations common? Too often people say what they really think outside meetings.

You may benefit from support in articulating desired outcomes so they're measurable, as you make your retreat plans.

At this time of a lot of change and opportunity, we're excited to offer you the retreat bundles that serve you now.

Work with us and our leadership and change consultant, Jackie Sloane to create a **Transformational Leadership Retreat**, if you want to:

- Lead a powerful inquiry to clarify what's next,
- Shift the mindset of your people about what's possible together, and raise the level of collaboration, creativity and commitment to achieve an out of the box goal
- Have a conversation with your people you haven't had before

A Transformational Leadership Retreat is a strategic leadership tool, utilizing the focal point of an event to create a process that produces sustainable behavior change and new possibility. It's like Executive Coaching for a team or group. In creating the process, we start with 6 core questions. The first question: What's the urgent need for transformation? Next: what's the transformational goal?

Curious to learn more? Contact us to discuss creating this fully custom Transformational Leadership Retreat to support you in achieving sustainable outcomes.



Retreats Elements - Choose what serves your group

Retreat Opener

Designed Opening to Support Desired Outcome

90 minutes

You've brought people together from all over the world – or all over town – for an important meeting. What's your ultimate goal? A little bit of planning and creativity in how you open the gathering can set the tone for the entire meeting, accelerating what you are up to! Work with Jackie in designing an innovative, fun exercise or opening experience that uplifts and draws everyone in, mentally and emotionally, to support you with your desired outcome.

Building Resilience Options

Cultivating Resilience

90 minutes – 2 hours

At a time of overwhelming challenge and change, it becomes more important than ever to cultivate resilience. How do we recognize when resilience is an issue in ourselves or those we work with?

Self-awareness, self-care, self-management, empathy, and clarity about purpose, as well as the ability to engage others are critical leadership capabilities as well as vital to individual and organizational resilience. People are often surprised at how a few small behavior changes and simple practices can have enormous impact.

In this powerful, interactive learning program, we share essential elements of resilience, and tools for cultivating resilience in yourself and others.

Topics include:

- Overview: what is resilience?
- Indicators that resilience may be an issue; how to recognize
- Issues you have shared you are dealing with
- What is present when we are resilient?
 - What strategies did you or the other person use?
- Aspects of resilience
- Building resilience in yourself
- Supporting others in cultivating resilience

Resilience Rodeo

Half Day

It's been a rough and tumble time! Many of us could benefit from a little more support, community and well-being as we hang on for this rocky ride. In this highly interactive session, learn how you can build your resilience as you go about your daily life. We'll share useful information, practices, exercises and tools, and learn from other participants. Explore topics, like how mindful "savoring" of experiences, moments can have lasting impact on well-being, and techniques to build new habits into your busy day.

Topics include:

- Aspects of resilience
- Various ways we cultivate resilience
- What is savoring? Simple practices to increase mindful enjoyment that energizes you
- What studies show about the lasting impact of simple practices
- Cultivating aliveness as a resilience strategy
- Breaking unproductive narratives

Optional: 6 month follow-up Resilience Rodeo Master Mind program to support continuous learning in your organization and keep the resilience conversation alive. One-hour webinar sessions via Zoom

Retreats Elements - Choose what serves your group

Generative Leadership Communication Options

Generative Conversation as a Leadership Tool

2 hours

The ability to have authentic conversations that get to the heart of the matter, and to provide feedback in a way that generates understanding, partnership, respect and well-being has become essential to optimum effectiveness and creativity today. Yet, most people put off such communications, or work around others. This session will increase awareness of how what we communicate impacts what we can produce.

In this highly interactive session, participants will:

- Participate in an exercise that demonstrates the power of mood and how it impacts what is heard
- Learn and experiment with a powerful communication model for having tough conversations
- Cultivate greater skill and confidence in having generative conversations

Leadership & Generative Accountability

2 hours

So much of our business lives are spent in conversation that it is practically invisible. Yet, nearly everything happens through communication.

In this interactive session, participants will:

- Learn how to make extremely clear requests and promises
- Learn how to improve ability to be accountable and hold others accountable in a way that generates ease and goodwill
- Learn how to make productive, responsible complaints as a tool for generating more effective relationships, improving productivity





BUILD YOUR OWN PROGRAM

Our Meeting Bundles minimize your planning woes and maximize your group's experience.

You deal with one single contact person, but reap the benefits of an array of amenities—and sit back knowing we only partner with exceptional facilitators to provide your meeting with a valuable experience.

RETREAT MEETING BUNDLES

RETREAT BUNDLE #1

Select **1** of the following options (2 hour content session):

- Cultivating Resilience
- Generative Conversation as a Leadership Tool
- Leadership & Generative Accountability

\$5,100 for up to 15 attendees

\$7,150 for up to 25 attendees

RETREAT BUNDLE #2

Resilience Rodeo (1/2 day content session)

\$7,100 for up to 15 attendees

\$9,150 for up to 25 attendees

RETREAT BUNDLE #3

Includes all **3** of the following (6 hour content sessions):

- Designed Opening to Support Desired Outcome
- Generative Conversation as a Leadership Tool
- Leadership & Generative Accountability

\$8,100 for up to 15 attendees

\$10,150 for up to 25 attendees

RETREAT BUNDLE #4

Transformational Leadership Retreat (custom planning, process and full day content session)

Contact us for pricing for a fully custom retreat

**Optional: Need a facilitator for the whole day or to help plan the day? We'll connect you with Jackie to discuss.*

These easy-planning Meeting Bundles include:

- A full day meeting in our creative environment
- Retreat Modules led by Jackie Sloane
- Comprehensive AV and meeting supplies
- Our satisfying Continental Breakfast
- An Energizer activity to start the day
- Hot Buffet Lunch
- Our morning and afternoon Signature Snack Service
- Unlimited hot and cold beverages all day long.



Introducing Jackie Sloane

Jackie Sloane, MCC, is a seasoned executive coach and consultant, specializing in enhancing ability to achieve significant results and greater well-being through how clients engage others, communicate, cultivate relationships, and lead key initiatives. Jackie has over 25 years' experience in executive coaching, leadership development, communication and transformation consulting.

The Generative Leadership Communication program she developed has been credited with providing clients with powerful tools for having transformational conversations, unleashing creativity and innovation and reducing production time.

The Transformational Leadership Retreats have provided leaders a powerful way to utilize the focal point of an event to "change the conversation," set a new tone, and create new behaviors and practices, launching culture change in their organizations.

She has served clients at Abbott, Accenture, American Society of Anesthesiologists, Bank of America, Comcast, Deloitte, Exelon, Grant Thornton, Hollister, International Truck and Engine/Navistar, Kraft, PepsiCo, Plante & Moran, and Purdue University Northwest among others.



"Working with Jackie Sloane in group and individual settings empowered me and fellow employees to communicate professionally by openly verbalizing each other's needs so the entire team would prosper. The tools I learned and currently use benefited my organization's ISO program and let me openly verbalize goals, and close the meetings with clear and concise deadline expectations. The wealth of knowledge learned has decreased our Project Management execution times, which resulted in quicker new product releases. I would highly recommend Jackie and her succinct way of communicating to people from all walks of life, and the empowerment it brings to an organization regardless of size."

—Greg A. Bigus, Packaging Compliance Manager,
Accord Carton



*To get your complete meeting planned in a snap,
call or email us today!*

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**Catalyst
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**MEETING
BUNDLE:**

*Transformational
Retreats*